

**HOPKINS-MINNETONKA RECREATION SERVICES
ADULT VOLLEYBALL LEAGUE RULES**

Official rules will be from the newest USAV official rulebook and the newest Minnesota Recreation and Park Association State Tournament Rules and Guidebook pertaining to all phases of the game, with the exceptions noted within.

ROSTERS:

1. The team manager *must, using the official roster form*, list the name, email address, and phone number(s) for each player, then sign and submit it to the Recreation Services office. Rosters must be submitted before your first league game. Failure to submit an official and legible roster before your first league game will make your team ineligible and will cause you to forfeit the game.
2. Team rosters may have a maximum of 20 players. However, those teams interested in the MRPA State Tournament should be aware that tournament rosters are limited to 12 players.
3. Players must be at least 16 years old and must not be participating on their high school team at the same time.

CONDUCT VIOLATION POLICY: The following incidents will be assessed a \$20 per violation fee:

1. Unannounced Forfeit – forfeit must be reported to the league manager by 3pm the day of game.
2. Player Ejection
3. Unrostered Player

ELIGIBILITY REQUIREMENTS:

1. Players who are currently suspended from participating in other sports communities are ineligible to compete in Hopkins-Minnetonka leagues.
2. The participation of an unrostered player in any league or playoff game will result in forfeiting that game to the opposing team. The Program Manager shall determine whether other games the player participated in shall be forfeited also.
3. Opposing managers, as well as Recreation Services, may initiate checks on eligibility. Showing proof of a player's identity by photo id may be required at game time.
4. Players cannot play on more than one team on the same night.

GENERAL RULES:

1. Players serving before being signaled by the official will be warned on the first offense and will not cause a side-out. Subsequent offenses within the same service rotation will cause a side-out. Servers are allowed only one toss of the ball.
2. All games will be played using the rally scoring system with games played to 25 (win by two) with a cap of 27 (win by one). A match will consist of three games with a 55-minute time limit. Teams will be allowed a 5-minute "grace" period at the start of the match if they are short of players. Forfeit time for the remaining games is 10 minutes for the second game and 15 minutes from the third game with time taken from the scheduled game time. The third game will count only if a team has at least 13 points and is leading by at least 2 points when time expires. **When time expires and one team has at least 13 points but no clear cut winner, teams will play to a "win by two" or play to a cap of two points higher than what was the point total of the higher team. In this case a team does not need to win by two.** (Example; if the third game is 13 to 12 when time expires, the game will be played either to a two-point win (14 to 12) or a cap of 15 (15 to 14). If time allows, teams can play a fourth game but this game will not count in the team standings.
3. The maximum number of players on the court per team is six players. A team may start and continue with as few as four players. When teams play with four players, the server is considered a back row player. The Official will facilitate a player's entry into the rotation upon their arrival in the fairest manner.
4. In co-rec leagues, men and women will be lined up alternately on the court to the extent possible. A team may play with two men and two women, two men and three women, two men and four women, or three men and two women. **However, during playoffs, teams will NOT be permitted to play with more men than women. Three men and two women will NOT be allowed during playoffs.** Further, the guy/girl rule will be enforced. Anytime a team has more than one hit, one of those hits, not including blocking, must be made by a female.
5. Men's league teams will be permitted to use one female on the court.
6. A ball may be played with any part of the body.
7. Unless there is an injury, or in the case of the advanced division in our men's and women's leagues, players may substitute in the center-back position or in the server position (server must remain in the game for a minimum of six rotations). In the advanced divisions of play, teams may use the 12-player substitution rule. For the Men's and Women's divisions only, the use of a Libero Player is permitted. The Libero is a defensive specialist who is restricted to performing as a back-row player

and cannot complete an attack hit when the ball is above the net. The Libero may not block or attempt to block and will not be permitted to serve (serving will be allowed in the MRPA State AA, A, and B tournaments).

1. Overhand serves are legal. All divisions in co-rec and all other leagues (men's and women's) may use consecutive overhand serves.
9. In co-rec, one backcourt male player may also block when there is only one male player on the front line.
10. A ball, other than a served ball, shall remain in play if it contacts the ceiling or other overhead objects 15 feet or more above the playing area. If a ball, other than a served ball, contacts an object below 15 feet (i.e. low hanging baskets), play will be stopped immediately. If, in the judgment of the official, a play could have been made on the ball if it had not hit the low hanging object, a replay will be granted. If no play could be made, a loss of rally will be awarded to the other team.
12. The "pursuit" rule will not be permitted in this league.
13. Teams will be allowed to request one-30 second time-out per game, except if it is within the last 2 minutes of the final game (no time-outs from that point on).
14. Players may not wear jewelry with the exception of medical medallions, flat wedding bands, or earring studs, during the game. This includes hanging earrings, bracelets and necklaces. Hat/caps are not allowed unless prior written approval is granted from the Recreation Services Department.
15. Playoffs: Teams will play best of three. The first two sets will be played with the standard 25 point cap. If a third set is needed, a coin flip will determine side and serve, teams will switch sides at 13 points and the set will be played to 25, win by two, with no caps. Teams scheduled for a single playoff game and not competing in their division playoff tournament bracket, will follow the standard three sets with a 25 point cap.

CONDUCT:

1. The conduct of teams playing in Hopkins-Minnetonka Recreation Services leagues must be above satisfactory. Managers must set examples of fair play and sportsmanship for their players. The Hopkins-Minnetonka Player Code of Conduct is as follows: *"At no time shall any person lay a hand on, shove, strike, use abusive language, or threaten an official of the Hopkins-Minnetonka Recreation Department on park or school property."* Such incidents will require persons to be suspended until the Program Manager considers the case. Maximum penalty shall be suspension from local league play for one season or up to suspension for life. The official's authority at a game shall not be questioned. They have been instructed to enforce the league rules. The official has the authority to remove a player, coach, or manager from the game for violation of the rules. Players removed from the game for unsportsmanlike conduct will not be allowed to compete in the following game and a \$20 conduct violation fee will be assessed. A second ejection from a game by any one player will result in suspension for the remainder of the season.
2. Profanity on or around the court, even casual profanity, is not permitted. It is sufficient grounds for expulsion from the premises. Casual profanity pertains to expletives not necessarily directed towards an umpire or player, but made out of frustration for a bad play.
3. Please be respectful of the game facilities and remove all litter from your team's bench and the surrounding area before leaving the game site.
4. The Hopkins and Minnetonka School Districts have adopted a tobacco-free/alcohol free policy.
5. Adult volleyball is unique in that the playing surface in most cases extends to the entire court surface. Spectators attending a contest have no place to stand except within the possible playing area. This combination presents a potential hazard that is often unexpected, to both the spectator and the player. While it is reasonable to think that spectators may wish to attend a volleyball match, certain guidelines must be in place to protect them and the participant. These guidelines are: Spectators under the age of 13, who attend a volleyball match, must be supervised by an adult (one to one ratio) at all times. This supervisor cannot be a player. Spectators age 13 and over will not need to be supervised. All spectators must realize that there are certain hazards associated with this activity and that they must be alert to their surroundings at all times.
6. This is a recreational league - protests are not accepted.